

January 2024

*Mike & Peggy Yost*

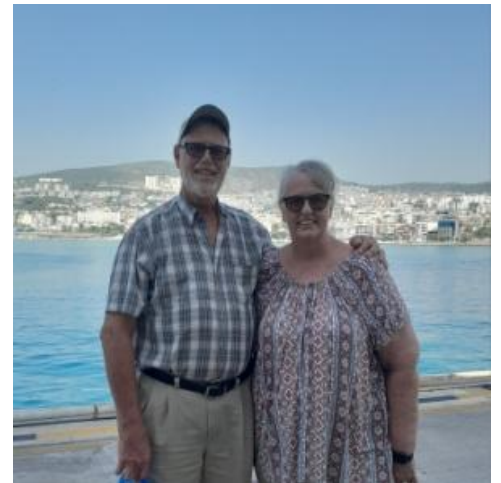
# LIGHT OF LIFE

A new year is upon us, and we hope that it will be a marvelous year for you and your family.

We celebrated Christmas and New Years, one last time, in our little pueblo of Balfate with lots of fireworks, tamales, good friends, and family. The Roberts were here in Honduras finishing their adoption of Daniela and Danilo, so we had a house full and lots of activities. Having a full house is a good feeling. What a blessing!

We would like to share some of the highlights of our past year. Our lives are blessed and we are grateful for our Lord providing for us. 2023 started with a visit to Ohio with family and our first cruise, leaving from Texas. While in Texas, we reconnected with old friends who served at LDL years ago. They were planning a trip to Europe and invited us to go along. We were blessed with the funds to make it happen. We visited Italy, Greece, Israel (to walk in the steps of Jesus), and Scotland. This was always on our bucket list, but we never thought it would come to reality.

Having more time in our community gives us more time to get close to the people here. We have known the people in our community for so many years, but our busyness didn't allow us to participate in their lives as much as we'd like. We have a family across the street with two adorable twins. They lost their grandpa a year ago and are struggling to make ends meet. The twins were on the go, as two-year-olds tend to be, and it was difficult to keep them contained in their own yard. We built a gate to help Mom and Grandma keep them contained. We enjoy visiting with them and watching them grow.



Greece



Gate

## Testimonies

There is an elderly lady who would walk to different villages several times a week. Unfortunately, she fell and broke her leg just below the hip, leading to her needing surgery at Loma de Luz. She has little family in this pueblo, so we have helped as much as we can. The entrance to her house was not wheelchair accessible, so we helped create some solutions for her mobility. We are praying for her healing.

A friend, also elderly, with Parkinson's disease has a very difficult time walking; ironically he is named Walker. We repaired their generator, took them to town to buy supplies, and helped with various other tasks. We have a good friendship with them and pray with them often.

Bobbie moved here quite a few years ago, and we knew him by passing in the street. We have developed a great friendship with him and his family. His wife manages a coffee shop here on the main street. Bobbie has joined in our Sunday school class, and often prays with us.

2023 was a real whirlwind for us and we are looking forward to the changes that 2024 will bring. We are believing that God will continue to guide our steps and provide in every way just as He has done for so many years. Thinking about His faithfulness reminds me of a story that our pastor used in a sermon long, long ago. We would like to share the story with you the author is unknown. It is too long to include in our newsletter so we printed it on an additional page.

Perhaps you can relate to this story, we think of it often when we are not sure what is around the next bend. At this junction in our lives it is quite obvious Who is in control, and we will continue to pedal and trust in Him.

We wish you and yours all the best in this New Year. We so appreciate each of you being part of our journey through the years.

### PRAYER REQUESTS

- Our daughter Anne and her health concerns.
- For our transition to the next chapter in our lives.
- For the needs we will have to set up housekeeping again back in Ohio.
- For all those that we are leaving behind in Balfate.
- For the hospital and the other ministries of Loma de Luz.

### PRAISES

- We give praise to the King of Kings and Lord of Lords.
- Praise for the blessings we receive every day.
- Praise for the support team that surrounds us with care and love.
- Praise for all of you who are part of this little portion of His ministry in this big world.

*Mike and Peggy Yost*

## Support

Thank you for partnering with **Light of Life** in seeing His Kingdom come and His will be done on earth as it is in Heaven! Thank you for your gifts and prayers.

To stand with **Light of Life** financially, you can give online at [cornerstoneinternational.org/yost](https://cornerstoneinternational.org/yost) or make your check out to Cornerstone Int'l, memo **Light of Life (LoL)**, mail in enclosed envelope.

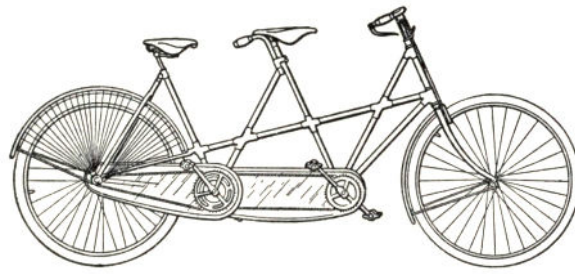
Loma de Luz is also a faith supported ministry; visit [crstone.org](https://crstone.org) to donate.

  
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### **"A Tandem Bike Ride with God"**

I used to think of God as my observer, my judge, keeping track of the things I did wrong, so as to know whether I merited heaven or hell when I die. He was out there, sort of like a president. I recognized His picture when I saw it, but I didn't really know Him.

But later on, when I met Jesus, it seemed as though life was rather like a bike, but it was a tandem bike, and I noticed that Jesus was in the back helping me pedal. I didn't know just when it was He suggested we change, but life has not been the same since I took the back-seat to Jesus, my Lord. He makes life exciting. When I had control, I thought I knew the way. It was rather boring, but predictable. It was the shortest distance between two points.

But when He took the lead, He knew delightful long cuts, up mountains, and through rocky places and at break-neck speeds; it was all I could do to hang on! Even though it often looked like madness, He said, "Pedal!" I was worried and anxious and asked, "Where are you taking me?" He laughed and didn't answer and I started to learn to trust. I forgot my boring life and entered into adventure. And when I'd say, "I'm scared," He'd lean back and touch my hand.

He took me to people with gifts that I needed, gifts of healing, acceptance, and joy. They gave me their gifts to take on my journey, our journey, my Lord's and mine. And we were off again. He said, "Give the gifts away; they're extra baggage, too much weight." So I did, to the people we met, and I found in giving I received, and still our burden was light.

I did not trust Him, at first, in control of my life. I thought He'd wreck it. But He knows bike secrets, knows how to make it bend to take sharp corners, jump to clear high rocks, fly to shorten scary passages. And I am learning to shut up and pedal in the strangest places, and I'm beginning to enjoy the view and the cool breeze on my face with my delightful constant companion, Jesus.

And when I'm sure I just can't do any more, He just smiles and says...

**"Pedal."**